

About the presenters

Janice M. Bell, RN, PhD

Dr. Janice M. Bell is a nurse educator and certified psychologist who provides international leadership in the field of Family Health, with a particular focus on Family Systems Nursing theory, practice, and research. She is the founding editor of the *Journal of Family Nursing* and served as director (2002-07) of the Family Nursing Unit, University of Calgary. She co-developed the Illness Beliefs Model, a clinical intervention of reducing illness suffering in families.

Her research and clinical scholarship focuses on increasing health care professionals' confidence and competence in collaborating with families experiencing serious illness. One of her research team's projects, "Understanding the process of therapeutic change in Family Systems Nursing Practice," resulted in the development of the Illness Beliefs Model to guide practice with families.



The Illness Beliefs Model is currently being examined in several research projects in Canada and around the world, and is described in the following book: Wright, L.M., Watson, L.W., & Bell, J.M. (1996), *Beliefs: The Heart of Healing in Families and Illness*. New York: Basic Books

Lorraine M. Wright, RN, PhD

Dr. Lorraine M. Wright is an author, international lecturer, consultant, and marriage and family therapist. She is also Professor Emeritus of Nursing at the University of Calgary. Lorraine established the Family Nursing Unit within the Faculty of Nursing and was the director for 20 years. The Family Nursing Unit is a unique outpatient clinic for the treatment and study of families suffering with serious mental or physical illness.

Lorraine focuses her lectures, clinical practice, and research on 1) illness beliefs of families and health care professionals; 2) spirituality, suffering, and illness; and 3) family interventions. She has co-developed the Illness Beliefs Model and the Calgary Family Assessment and Intervention Model. More recently, she has developed the Trinity Model.



Lorraine has given over 300 presentations at national and international family health, family nursing, family therapy, and spirituality and health conferences. She has recently completed her seventh book: *Suffering, Spirituality, and Illness: Ideas for Healing* (2005). She serves on the Editorial Board of the *Journal of Family Nursing*; and Advisory Editor of the journals *Families, Systems and Health*; and *Contemporary Family Therapy: An International Journal*. Lorraine is also a member of the Canadian Nurses Association, American Academy of Family Therapy, and Approved Supervisor, Fellow, and Clinical Member of the American Association for Marriage and Family Therapy.

Accommodations near Webster University

Drury Inn & Suites

2111 Sulphur Ave.
St. Louis, MO 63139
314-646-0770

Hilton St. Louis Frontenac

1335 S. Lindbergh Blvd.
St. Louis, MO 63131
314-993-1100

The Webster University
Department of Nursing
invites you to

Illness Beliefs and Trinity Models for Advanced Practice

Family Systems Nursing Externship



Webster
UNIVERSITY

October 22-24, 2008
Webster University
St. Louis, MO

Illness Beliefs and Trinity Models for Advanced Practice

Family Systems Nursing Externship

Course Description

This intensive three-day workshop is designed to introduce Family Systems Nursing through the Illness Beliefs and Trinity Models. The Calgary Family Assessment Model (CFAM) and the Calgary Family Intervention Model (CFIM) will be introduced. The Trinity Model addresses the purpose and meaning of life through the exploration of suffering, beliefs, and spirituality. The workshop offers practical experience for nurses in their everyday work with families.

Participants can attend October 22 only, or they can attend all three days. Continuing education units available, pending approval.

Faculty

Janice M. Bell, RN, PhD

International scholar and founding editor of the *Journal of Family Nursing*

Lorraine W. Wright, RN PhD

Professor Emeritus, Faculty of Nursing
University of Calgary

Need more information?

Contact Mary Ann Drake, RN, PhD
drakema@webster.edu

Externship Schedule

October 22	AM: Therapeutic Conversations with Families (advanced practice) PM: Illness Beliefs Model (overview)
October 23	AM: Beliefs about Illness & Families; Beliefs about Therapeutic Change & Clinicians PM: Live Family Interview
October 24	AM: Creating a Context for Change; Distinguishing Illness Beliefs PM: Challenging Constraining Beliefs; Affirming Facilitating Beliefs

Classes will be held from 8:30 a.m. to 4:30 p.m. daily, with a one-hour lunch break. (Lunch on your own.)

Textbooks

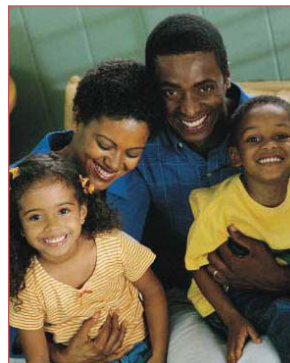
The primary textbooks for this Externship are:

Wright, L. M., Watson, W. L., & Bell, J. M. (1996).

Beliefs: The heart of healing in families and illness.

New York: Basic Books (new edition coming soon).

Wright, L. M., & Leahey, M. (2005). *Nurses and families: A guide to family assessment and intervention (4th ed.)*, Philadelphia: F. A. Davis.



Registration Fees

Full 3-day registration	\$600*
Alumni registration	\$480
Early Registration (before September 21, 2008)	
Full 3-day registration	\$525
Alumni Registration	\$450
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October 22 session only	\$250
Early registration (before September 21, 2008)	
Early 1-day registration	\$210
Alumni registration	\$180

**All costs are in U.S. dollars.*

Pay for the conference by mailing a check or money order (made out to Webster University) to:

Kathy Halvachs
Webster University
Department of Nursing
200 Webster Hall
470 E. Lockwood
St. Louis, MO, USA 63119

OR call in your credit card (Visa, MasterCard, or Discover) payment to 314-968-7483.

Cancellation Policy: All cancellations must be received in writing. For cancellations received prior to September 22, 2008, we will refund registration cost minus a \$100 administrative fee. We're unable to make refunds after September 22, 2008.

Register online at: www.webster.edu/depts/artsci/nursing