

Instructors:

Janice M. Bell, RN, PhD



Dr. Janice M. Bell is a nurse educator and certified psychologist who provides international leadership in the field of Family Health, with a particular focus on Family Systems Nursing theory, practice, and research. She is the founding editor of the Journal of Family Nursing and served as director (2002-07) of the Family Nursing Unit, University of Calgary. She co-developed the Illness Beliefs Model, a clinical intervention of reducing illness suffering in families.

Her research and clinical scholarship focuses on increasing health care professionals' confidence and competence in collaborating with families experiencing serious illness. One of her research team's projects, "Understanding the process of therapeutic change in Family Systems Nursing Practice," resulted in the development of the Illness Beliefs Model to guide practice with families.

The Illness Beliefs Model is currently being examined in several research projects in Canada and around the world, and is described in the following book: Wright, L.M., Watson, L.W., & Bell, J.M. (1996), *Beliefs: The Heart of Healing in Families and Illness*. New York: Basic Books.

Lorraine M. Wright, RN, PhD



Dr. Lorraine M. Wright is an international lecturer, author, and consultant in family nursing and family therapy. A Professor Emeritus of Nursing, University of Calgary, Calgary, Canada, Dr. Wright's clinical and research interests include the illness beliefs of families and health professionals; spirituality and suffering in the context of illness; and family interventions that enhance healing. She has 30 years of direct teaching and clinical experience working with families suffering with serious physical and/or mental illness.

Dr. Wright has published numerous books, articles, chapters and book reviews. In 2009, she will have co-authored *Nurses and Families: A Guide to Family Assessment and Intervention* (5th ed.) (Calgary Family Assessment and Intervention Models. She co-produced 5 educational programs in the "How to Family Nursing DVD/Video Series"

Among her awards, she has been honored with an Honorary Doctorate (2008) by the University of Montreal and the Distinguished Contribution to Family Nursing Award (2005) by the 7th International Family Nursing Conference. Dr. Wright has presented at over 300 national and international spirituality and health, family nursing, family therapy, and family health workshops, conferences and externships.



THE TORONTO ACADEMIC
HEALTH SCIENCE NETWORK

invites you to

Directions:



[84.08]

Bloorview Kids Rehab

150 Kilgour Road, Toronto, ON M4G 1R8
Tel: 416-424-3809 Fax: 416-425-4531

www.bloorview.ca

Families, Beliefs, and Healing: Innovations in assessment and intervention

November 5 and 6 and
December 12, 2008



hosted by

Bloorview
KIDS REHAB

Workshop Description:

The workshop; *Families, Beliefs and Healing: Innovations in assessment and intervention*, is designed to provide healthcare professionals with increased capacity to care for families with competence and confidence. Based on Family Systems Theory this three day workshop will include a live family interview, video-taped exemplars and case consultation.

Participants:

Each of the TAHSN hospitals will identify approximately 8 individuals to attend the program.



Course objectives:

Participants will be provided with opportunities to:

- Recognize that health and illness is a family affair
- Routinely involve families in practice in a variety of settings
- Ask useful interventive questions to complete an assessment of a family's needs
- Explore the reciprocal impact of health and illness on family functioning and family relationships
- Offer a repertoire of family interventions to family members that promote health and alleviate suffering
- Consult and collaborate with families to identify, advocate and improve health resources for families
- Reflect on his/her beliefs about families, illness's, change, and the role of the professional in inviting therapeutic change

Sponsored by Hosted by



Bloorview
KIDS REHAB

Schedule:

Location: Bloorview Kids Rehab, 150 Kilgour Rd, Toronto

DAY 1 - November 5

- 9:00 – 9:30 Rituals of Welcome
Introduction to course and ourselves
- 10:00 – 12:00 Beliefs about Families
Beliefs about Illness
- 12:00 – 1:00 *Lunch Break*
- 1:00 – 2:00 Therapeutic Conversations
- 2:00 – 4:30 Live Interview with Family

DAY 2 - November 6

- 9:00 – 12:00 Debrief/Reflect Family Interview
Beliefs about Change and Clinician
- Illness Beliefs Model**
Family Assessment:
Distinguishing Illness Beliefs
- 12:00 – 1:00 *Lunch Break*
- 1:00 – 4:30 **Illness Beliefs Model**
Family Interventions:
Challenging Constraining Beliefs

DAY 3 - December 12

- 9:00 – 10:30 Transfer of Knowledge Report:
Changes in Beliefs & Practice
- 10:30 – 12:00 Case Consultations Involving Families
in Clinical Practice
- 12:00 – 1:00 *Lunch Break*
- 1:00 – 4:30 Case Consultation cont'd.
- Illness Beliefs Model**
Affirming Facilitating Beliefs
Ritual of Reflection and Best Wishes

Registration Form

**Families, Beliefs, and Healing:
Innovations in assessment and intervention**

**3-DAY WORKSHOP
November 5, 6 and December 12, 2008**

Name: _____

Profession: _____

Address: _____

City: _____ Province: _____

Country: _____ Postal Code: _____

Phone #: _____ Fax #: _____

E-mail: _____

Name of Hospital or Other Affiliation: _____

REGISTRATION FEE: \$300.00

METHOD OF PAYMENT

- Cheque (*payable to Bloorview Kids Rehab*)
- VISA MasterCard Amex

Card Number: _____

Expiry Date: _____

Name on Card (*please print*): _____

Authorized Signature: _____

Please indicate if you have any dietary needs.

- Yes No Briefly explain:

Do you require a parking spot? (Parking is available for a fee of \$7.00) Yes No

**Please note lunch will be provided
* An administration fee of \$50.00 will apply for any cancellation
received after Oct 22, 2008.*

Fax or mail your registration form to Donna Sobers

FAX: 416-424-3843 TEL: 416-424-3851
MAIL: 150 Kilgour Rd. Toronto, ON M4G 1R8